

Developing generativity as a health prevention intervention

Jordan P Lewis, PhD, MSW
Associate Professor Medical Education
WWAMI School of Medical Education
UAA College of Health
March 24, 2017

Background

- Sociocultural changes in communities – family and community
- Highly generative adults sequence life narratives in a way that a negative experience results in a positive outcome (redemption narrative)
- Generative behaviors and acts have positive health benefits
 - Only when received by others

Research Study

- Generative mismatch
- Reduced elder/youth interactions, less generative behaviors, poorer health outcomes?
- What are benefits of engaging in generative behaviors?
 - Differences exist between elders and youth?
- How do we develop programs based on health benefits?
- Elder/youth camps and intergenerational programs are increasing
 - Lack of evaluation on outcomes and benefits
 - Assess benefits of camp experience? Pre & post? 6 month follow up?